- **1 Education Cabinet**
- 2 Kentucky Board of Education
- 3 **Department of Education**
- 4 (Amendment)
- 5 704 KAR 4:020. School health services.
- 6 RELATES TO: KRS 156.160
- 7 STATUTORY AUTHORITY: KRS 156.070, 156.160, 214.034
- 8 NECESSITY, FUNCTION, AND CONFORMITY: KRS 156.160 requires the Kentucky Board of
- 9 Education to adopt administrative regulations governing medical inspection, physical education
- and recreation, and other rules and administrative regulations deemed necessary or advisable for
- the protection of the physical welfare and safety of the public school children. This administrative
- 12 regulation establishes standards and criteria for preventative health care examinations at the local
- 13 school district level.
- 14 Section 1. School Employee Medical Examinations. (1) A local board of education shall require a
- medical examination of each certified and classified employee, including each substitute teacher,
- prior to initial employment that shall include a tuberculosis [tuberculin] (TB) risk assessment [skin
- test. If the individual is identified by that assessment as being at high risk for TB, the individual
- shall be required to undergo the administration of a tuberculin skin test (TST). The TB risk
- assessment may be performed and reported by a physician, an advanced registered nurse
- 20 practitioner, a physician's assistant or a registered nurse.

- 1 (2) The [This] medical examination requirement shall not apply to bus drivers who are covered by
- 2 702 KAR 5:080.
- 3 (3) A local board of education may require by policy that a school employee physical examination
- 4 be conducted no earlier than a ninety (90) day period prior to initial employment.
- 5 (4) [(2)] A medical examination shall be reported on the form, "Medical Examination of School
- 6 Employees".
- 7 (5) [(3)] A person who tests positive for TB shall be required to comply with the directives of the
- 8 local board of health and the Kentucky Department for Public Health [, Cabinet for Health
- 9 Services for further evaluation and treatment of the tuberculosis infection.
- 10 (6) [(4)] Following the required medical examination for initial employment and any subsequent
- examinations as may be required for positive tuberculin reactors, a school district employee other
- than a bus driver shall submit to the local school superintendent a statement indicating the
- employee's [his] medical status. The medical examination shall be performed and signed for by a
- physician, physician assistant, or an advanced registered nurse practitioner.
- 15 (7) [(5)] <u>Documentation of a tuberculin</u> [TB] skin test <u>and chest x-ray, when performed</u>,
- 16 [documentation] shall include:
- 17 (a) The date given;
- 18 (b) Type of test;
- 19 (c) Millimeters of induration;
- 20 (d) Date read and by whom; and
- 21 (e) Date x-ray taken and results as related to tuberculosis status. [or that no further follow-up is
- 22 necessary unless signs or symptoms of tuberculosis develop.]

- 1 (8) [(6)] A local board of education shall require all school personnel exhibiting symptoms of
- 2 chronic respiratory disease to <u>undergo a tuberculosis (TB) risk assessment and examination as</u>
- 3 <u>indicated.</u> [be examined for tuberculosis.] The evaluation and any <u>recommended</u> [required]
- 4 treatment for tuberculosis infection shall be based upon the directives of the local board of health
- and the <u>Kentucky</u> Department for Public Health [, Cabinet for Health Services].
- 6 (a) An employee exposed to infectious tuberculosis shall be tested and, if necessary, treated for
- tuberculosis infection according to the directives of the local board of health.
- 8 (b) In a county with an [a high] incidence of cases of active [rate for] tuberculosis [infection] that is
- 9 equal to or greater than the national average [one (1) percent], the local board of health may, with
- the approval of the <u>Kentucky</u> Department for Public Health [, <u>Cabinet for Health Services</u>], require
- more extensive testing <u>of school district employees</u> for tuberculosis [than outlined above].
- Section 2. Preventative Health Care Examinations. (1) A local board of education shall require a
- preventative health care examination of each child within one (1) year prior to the child's initial
- admission to school. A second examination shall be required within one (1) year prior to entry into
- 15 the sixth grade, or initial admission to school. A third examination may be required by policy of
- the local board of education within one (1) year prior to entry into the ninth grade or initial
- 17 admission to school.
- 18 (2) An out-of-state transfer student shall be required to have documentation of a preventative
- 19 health care examination.
- 20 (3) A local school board may extend the deadline by which to obtain either preventative health care
- examination, not to exceed two (2) months.

- 1 (4) A preventative health care examination may be performed and signed for by a physician, an
- advanced registered nurse practitioner, a physician's assistant, or by a health care provider in the
- 3 early periodic screening diagnosis and treatment programs.
- 4 (5) A preventative health care examination shall be reported on the form "Preventative Health Care
- 5 Examination Form," [dated December 1999,] and shall include:
- 6 (a) A medical history;
- 7 (b) Assessment of growth and development and general appearance;
- 8 (c) Physical assessment including hearing and vision screening; and
- 9 (d) Recommendations to the school regarding health problems that may require special attention in
- 10 classroom or physical education activities.
- 11 (6) A vision examination shall be reported on the form, "Kentucky Eye Examination Form for
- 12 School Entry"[, dated August 2000].
- 13 (7) A record of immunization shall be submitted on a valid immunization certificate.
- 14 (8) A local school district shall establish a plan for implementation and compliance required for the
- sixth grade preventative health care examination.
- (9) A valid immunization certificate shall be on file within two (2) weeks of the child's enrollment
- in school.
- 18 (10) [TB testing shall be carried out upon notification by a local health department.]
- 19 [(11)] A board of education shall adopt a program of continuous health supervision for all school
- 20 enrollees. Supervision shall include scheduled, appropriate screening tests for vision, hearing and
- 21 scoliosis.
- 22 (11) [(12)] A local spinal screening program for scoliosis shall include:
- 23 (a) Training sessions for teachers or lay volunteers who will be doing the screening;

- 1 (b) Obtaining parental permission for scoliosis screening;
- 2 (c) Established screening times, at least in grades six (6) and eight (8) and appropriate procedures
- 3 and referral criteria;
- 4 (d) Mandated education of students regarding scoliosis screening; and
- 5 (e) Required referral of all children with abnormal screening results for appropriate diagnosis and
- 6 treatment and follow-up on these referrals. Local referral and follow-up procedures shall include:
- 7 1. Notification of parents of students who need further evaluation by a physician;
- 8 2. Tracking referrals to determine whether all children with abnormal screening results receive
- 9 appropriate diagnosis and treatment; and
- 3. Reporting of data on screening, referral and follow-up tracking to the Department of Education.
- 11 (12) [(13)] The Department of Education shall:
- (a) Monitor the spinal screening and referral programs provided by local boards of education;
- (b) Provide consultation and technical assistance to local <u>school districts</u> [boards of education]
- concerning spinal screening, referral and follow-up for appropriate diagnosis and treatment; and
- (c) Encourage local school <u>districts</u> [systems] to work cooperatively with local health departments
- and local Commission for Children with Special Health Care Needs offices to plan, promote and
- implement scoliosis screening programs.
- (13) [(14)] Referral and appropriate follow-up of any abnormality noted by screening assessment
- or teacher observation shall be recorded on school health records.
- 20 (14) [(15)] A school shall have emergency care procedures. The emergency care procedures shall
- 21 include:
- 22 (a) First aid facilities, including provisions for designated areas for the child to recline;

- 1 (b) A requirement that whenever children are present during school hours, there shall be at least
- one (1) adult present in the schools who is certified in a standard first aid course which includes
- 3 CPR for infants and children;
- 4 (c) Parents' telephone number, or a number at which parents can be reached;
- 5 (d) Name of family physician; and
- 6 (e) Means of transportation.
- 7 (15) [(16)] A local board of education shall require immunizations as required by KRS 214.034.
- 8 Section 3. Cumulative Health Records. (1) A school shall initiate a cumulative health record for
- 9 each pupil entering its school. The record shall be maintained throughout the pupil's attendance.
- The record shall be uniform and shall be on the form "Pupil's Cumulative Health Record". The
- record shall include screening tests related to growth and development, vision, hearing, and
- scoliosis, and findings and recommendations of a physician and a dentist. A follow-up by the
- proper health or school authorities shall be made on each abnormality noted and the result shall be
- 14 recorded.
- 15 (2) A local school authority shall report all known or suspected cases of communicable disease
- immediately to the local health department.
- 17 Section 4. Physical Environment. A board of education shall provide and maintain a physical
- environment that is conducive to the health and safety of school children in each school under its
- 19 jurisdiction. A local board of education shall comply with current laws and administrative
- 20 regulations applicable to all public buildings pertinent to health, sanitation, and safety. A local
- board of education shall establish:
- 22 (1) An adequate supply of water of safe, potable, sanitary quality;
- 23 (2) A state-approved sanitary disposal of sewage, other water carried waste, and solid waste;

- 1 (3) Adequate toilet and lavatory facilities, including soap or detergent as well as towels or other
- 2 methods for drying hands, and other sanitary fixtures;
- 3 (4) Adequate heating, lighting, and ventilation in all school buildings;
- 4 (5) Adequate facilities and equipment for cafeterias and lunchrooms;
- 5 (6) Supervision of general sanitation and safety of the school buildings, grounds, and playground
- 6 equipment;
- 7 (7) Adequate first aid facilities;
- 8 (8) Adequate control of air pollutants; and
- 9 (9) Universal precautions guidelines compatible with Occupational Safety and Health
- Administration guidelines, 803 KAR 2:320; and 29 CFR 1910.1030.
- Section 5. A superintendent shall designate a person to serve as school district health coordinator.
- The person designated shall meet the minimum qualifications required of this position as
- determined by the Educational Professional Standards Board in <u>Title 16</u> [704] KAR Chapter (3)
- 14 [20] or by the Kentucky Department of Education in the "Kentucky Local District Classification
- Plan for Classified Employees", Class Code: 7271, Class Title: School District Health Coordinator
- 16 [, dated December 1999]. The school district health coordinator shall work in cooperation with all
- school personnel, the local board of education, the State Department of Education, the local health
- department, family resource and youth services centers and parents in planning, promoting, and
- implementing a school health services program.
- 20 Section 6. Incorporation by Reference. (1) The following documents are incorporated by
- 21 reference:
- (a) "Medical Examination of School Employees", dated December 1999;
- 23 (b) "Preventative Health Care Examination Form", dated December 1999;

- 1 (c) "Pupil's Cumulative Health Record", dated January 1993;
- 2 (d) "Kentucky Local District Classification Plan for Classified Employees", "Class Code: 7271,
- 3 Class Title: Local District Health Coordinator", dated December 1999; and
- 4 (e) "Kentucky Eye Examination Form for School Entry", dated August 2000.
- 5 (2) This material may be inspected, copied, or obtained, subject to applicable copyright law, at
- 6 the Division of Nutrition and Health Services, Department of Education, 2545 Lawrenceburg
- 7 Road, Frankfort, Kentucky 40601, Monday through Friday, 8 a.m. through 4:30 p.m.
- 8 [These documents may be inspected and copied at the Division of Student, Family, and
- 9 Community Support Services, Department of Education, 17th Floor, Capital Plaza Tower, 500
- 10 Mero Street, Frankfort, Kentucky 40601, Monday through Friday, 8 a.m. through 4:30 p.m.]